



Goal Post & Pitch Size Guidelines

2018 / 2019

FA Guidelines

The current FA guidelines for Goal Post and Pitch sizes follow the new playing formats adopted in the “Your Game” proposals. Unfortunately these FA guidelines stick rigidly to the 7v7, 9v9 & 11v11 formats for age groups.

The Kent Girls & Ladies Football League

As a league, we are fairly unique in offering 9v9 football for all our age groups from Under 12 to Under 18. As a consequence, it is not an easy task to follow official guidelines as to what size goals and pitches should be used when various age groups play in the 9v9 format.

Facility Availability

Our league consists of around 60 separate Clubs and each of these has their own facility arrangements. Some are lucky enough to own their own grounds with plenty of space for pitches, others have smaller venues or hire their pitches from Local Authorities or Private Sports Clubs.

Kent Girls and Ladies Football League Guidelines

The chart on the next page shows the “Recommended” minimum size of pitch and goal for each age group, **but....** Also, the allowable exceptions on goal sizes for age groups.

While we understand the desire for teams to play on the same size pitch and in the same size goals every week, we must address the reality of the situation that Clubs face in trying to provide 9v9 football for Boys and Girls from Under 11 to Under 18 without having the luxury of 2 or 3 different pitches or sets of goals.

We hope that these guidelines will allow clubs to work with the facilities they have at their disposal.

IMPORTANT NOTE

If your Pitch and/or Goals do not fit the recommended or allowable criteria for any given home game you **MUST** notify your opposition when sending out the fixture notification. Your opposition will then have the option to switch the game if they can provide the correct pitch and goals.

Kent Girls & Ladies Football League**Recommended Goal and Pitch sizes****2018/19**

Age Group	Playing format	Minimum amount of players that constitutes a team	Pitch size Min. (yds.)	Goal size Min (ft.)	Ball size	Retreat Line	Goal kicks	Playing Time each way
Under 7	4v4	3	30 x 20	Pug Goals	3	Y	N/A	10 Minutes
Under 8	4v4	3	30 x 20	Pug Goals	3	Y	N/A	10 Minutes
Under 9	5v5	4	40 x 30	12 x 6	3	Y	Edge of area	20 Minutes
Under 10	7v7	4	60 x 40	12 x 6	4	Y	Edge of area	20 minutes
Under 11	7v7	5	60 x 40	12 x 6	4	Y	Edge of area	25 minutes
Under 12	9v9	6	74 x 50	16 x 7	4	N/A	Goal area	30 minutes
Under 13	9v9	6	74 x 50	16 x 7 or 21 x 7	4	N/A	Goal area	35 minutes
Under 14	9v9	6	74 x 50	21 x 7	4	N/A	Goal area	35 minutes
Under 14	11v11	7	90 x 55	21 x 7	4	N/A	Goal area	35 minutes
Under 15	9v9	6	90 x 55	21 x 7	5	N/A	Goal area	40 minutes
Under 15	11v11	7	90 x 55	21 x 7	5	N/A	Goal area	40 minutes
Under 16	9v9	6	90 x 55	24 x 8	5	N/A	Goal area	40 minutes
Under 16	11v11	7	90 x 55	24 x 8	5	N/A	Goal area	45 minutes
Under 18	11v11	7	90 x 55	24 x 8	5	N/A	Goal area	45 minutes
Under 18	9v9	6	90 x 55	24 x 8	5	N/A	Goal area	40 minutes

Goal Post Size Exceptions:

Under 12: 16 x 7 and 21 x 7 allowable
 Under 13: 16 x 7 and 21 x 7 allowable
 Under 14 (9v9): 16 x 7 and 21 x 7 allowable
 Under 14 (11v11): 21 x 7 and 24 x 8 allowable
 Under 15: 21 x 7 and 24 x 8 allowable
 Under 16: 21 x 7 and 24 x 8 allowable